

台中榮民總醫院
內部過敏免疫風濕科

此處刷卡用

原發性纖維肌痛特別紀錄表

健保榮民	健保員工	健 保	健保員眷	民 眾	
姓名			病房	床位	年齡
				病歷號	

The American College of Rheumatology 2010 criteria for the Diagnosis of fibromyalgia Criteria

A patient satisfies diagnostic criteria for fibromyalgia if the following 3 conditions are met:

- 1) Widespread pain index (WPI) 7 and symptom severity (SS) scale score 5 or WPI 3-6 and SS scale score 9.
- 2) Symptoms have been present at a similar level for at least 3 months.
- 3) The patient does not have a disorder that would otherwise explain the pain.

Ascertainment

1) WPI: note the number areas in which the patient has had pain over the last week. In how many areas has the patient had pain? Score will be between 0 and 19. Total: _____

left Shoulder girdle, left Hip (buttock, trochanter), left Jaw , Upper back
 right Shoulder girdle, right Hip (buttock, trochanter), right Jaw , Lower back
 left Upper arm, left Lower arm, left Upper leg, left Lower leg , Chest Neck
 right Upper arm, right Lower arm, right Upper leg, right Lower leg, Abdomen

2) SS scale score: Total: _____

Fatigue
 Waking unrefreshed
 Cognitive symptoms

For the each of the 3 symptoms above, indicate the level of severity over the past week using the following scale:

- 0 _ no problem
- 1 _ slight or mild problems, generally mild or intermittent
- 2 _ moderate, considerable problems, often present and/or at a moderate level
- 3 _ severe: pervasive, continuous, life-disturbing problems

Considering somatic symptoms in general, indicate whether the patient has:*

- 0 _ no symptoms
- 1 _ few symptoms
- 2 _ a moderate number of symptoms
- 3 _ a great deal of symptoms

The SS scale score is the sum of the severity of the 3 symptoms (fatigue, waking unrefreshed, cognitive symptoms) plus the extent (severity) of somatic symptoms in general. The final score is between 0 and 12.

Date : _____

Signature : _____