# 出血性腦中風









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#### 神經外科 之 撩妹系列





### 廖致翔 M.D.

臺中榮民總醫院 神經外科暨重症專責 主治醫師



- 經歷:
  - 2018 大陸台港澳 神經外科青年醫生手術技能大賽冠軍
  - 2017 世界神經外科聯盟學會會議座長
    - Main Topic Moderator for WFNS 2017
  - 國立陽明大學-臺北榮總解剖課程助教
    - Faculty of "Lectures and Hands-on Cadaver Dissection Course National Yang Ming University-VGHTPE Cerebrovascular Microneurosurgery"
  - 臺北榮民總醫院 神經醫學中心 神經外科 主治醫師 (2015)

# 長沙站

# 

CNS2018 17th ANNUAL MEETING OF THE CHINESE NEUROSURGICAL SOCIETY

神经外科站位脑科学计划

www.cnsmeeting.com

主力學位 ORGANIZED BY

Chinese Medical Association in IP III Wild MHE II SUP () dr Chinyon Neurosurgical Society

原力单位 CO-CRGANIZED BY 山西報天学会 Durin Medical Association 山西報人民意用 山西太原 Shanxi, Taiyuan









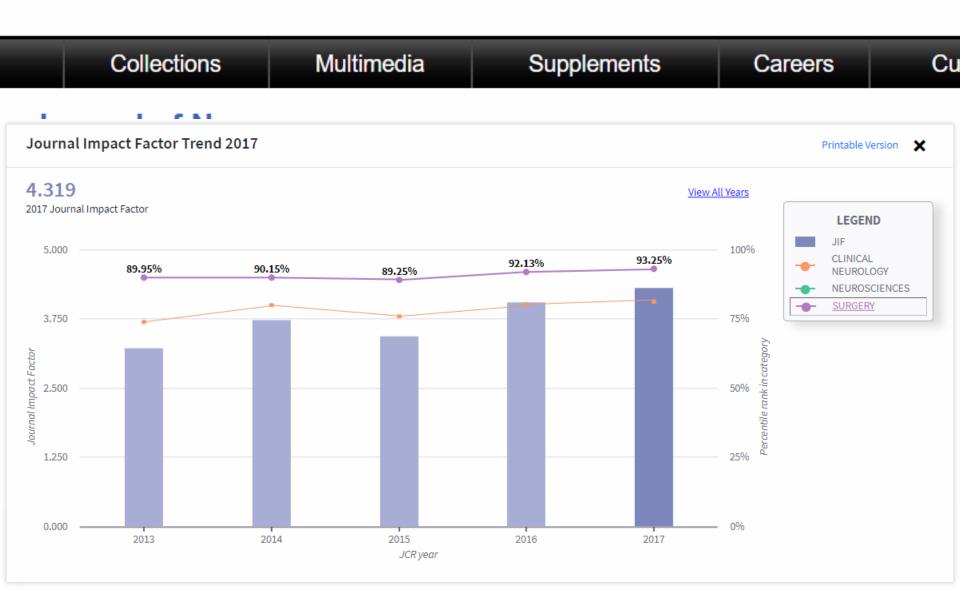
#### **Daily Program** Main Topic Sessions

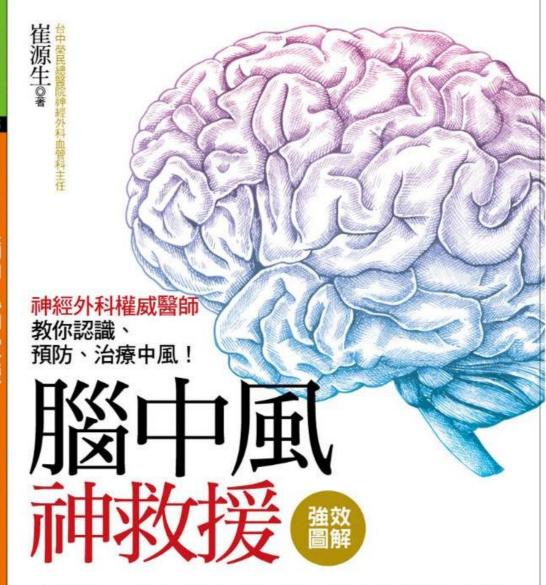
Venue: Tophai	ne/B2 Moderators: Dirk Van Roost / Belgium, Chih-Hsiang Liao / Taiwan
08.30 - 08.45	Perihippocampal Tumors with Epilepsy: What About Hippocampal Resection? Tomislav Sajko / Croatia
08.45 - 09.00	Experience with the Supracerebellar Transtentorial Approach for Mediobasal Temporal Lobe Epilepsy Niklaus Krayenbuhl / Switzerland
9.00 - 09.15	Vascular Events after Transsylvian Selective Amygdalohippocampectomy and Impact on Epilepsy Outcome - A Single Institute's Experiences Chih-Hsiang Liao / Taiwan
09.15 - 09.30	Selective En Bloc Amygdalohippocampectomy Through the Piriform Area  Eduardo Seoane / Argentina
09.30 - 09.45	Surgical Technique and Outcome of Trassylvian Selective Amygdalohippocampectomy, Hippocamp Transection in Patients with Intractable Temporal Lobe Epilepsy Michiharu Morino / Japan
09.45 - 10.00	Surgical Anatomy for Mesiotemporal Tumors. The Choice of the Approach Attending to the White Matte Pablo Gonzalez Lopez / Spain
10.00 - 10.15	How Smart Technology is Constantly Improving Outcomes for People with Epilepsy  Andrew McEwoy / UK
10.15 - 10.30	Selective Amygdalo-Hippocampectomy Dirk Van Roost / Belgium

Aug. **25** 

(Fri)







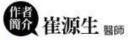
血管健康自評表×大量圖解×最新治療介紹、從防治、診斷、治療到照護與福利面面俱到、 腦中風快易通、完全圖解一讀就通!



前台中桑總院長/ 現任童綜合醫院院長 李三剛教授

前台北榮總院長/ 現任台北警學大學總顧問 李良雄 教授 世界華人神經外科榮譽理事長/ 腦血管防治基全會董事長/考試院考試委員 高明見教授





#### 現任:

- 台中榮民總醫院神經外科血管科主任/助理教授
- 台灣神經血管外科暨介入治療醫學會理事

#### 學經歷:

- · 國防醫學院醫學士
- 中山醫學大學醫學博士
- 台北榮民總醫院神經外科住院醫師/ 總醫師
- 竹東榮民醫院神經外科主治醫師
- 台中榮民總醫院神經外科主治醫師
- 日本國立東北大學腦血管內治療學科 臨床研究員
- 台中榮民總醫院神經外科介入性腦血管 科主任

#### 專業證照:

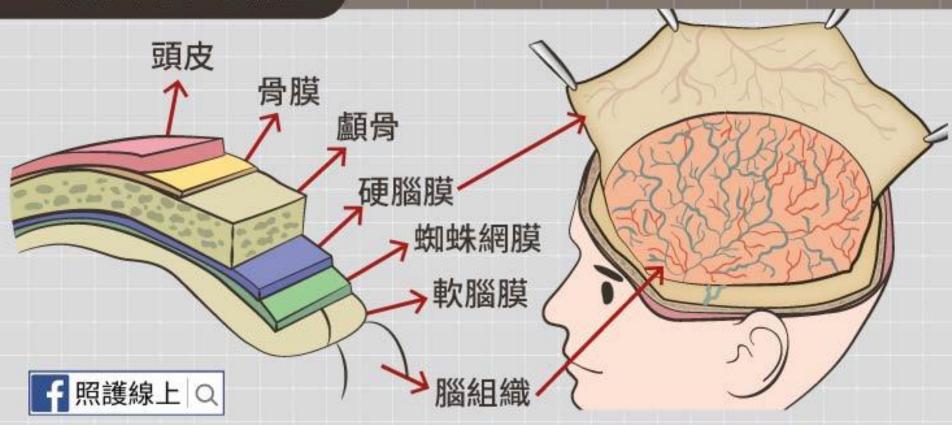
- 台灣外科專科醫師
- · 台灣神經外科專科醫師
- 台灣血管外科專科醫師
- · 台灣重症醫學專科醫師

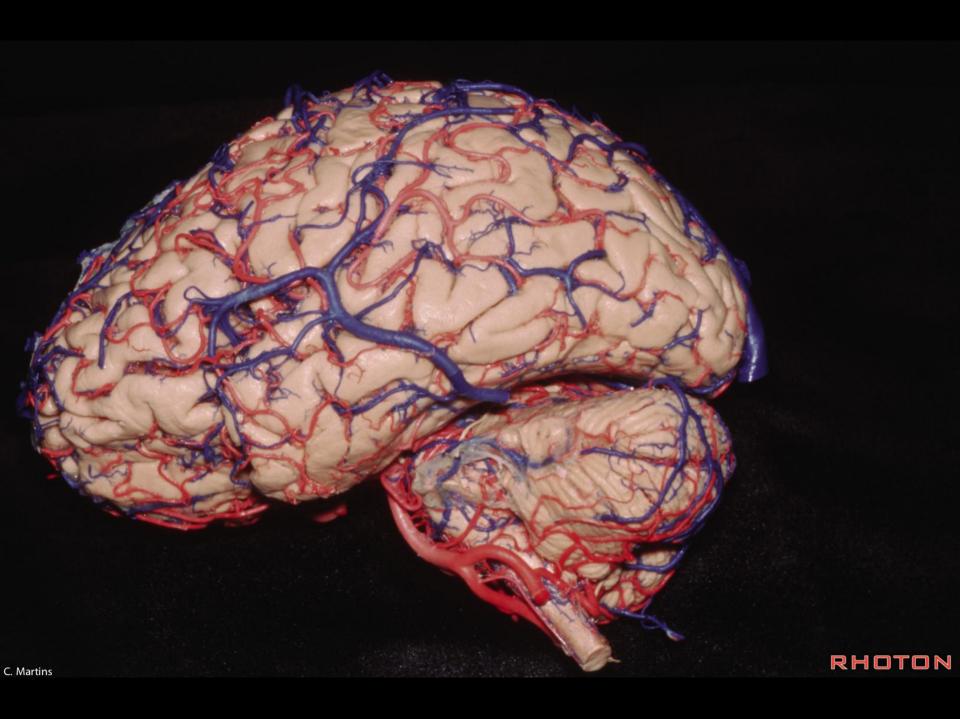
#### 專長:

- · 神經外科腦部/脊椎手術
- · 腦血管內介入性導管手術治療
- 神經外科複合式手術

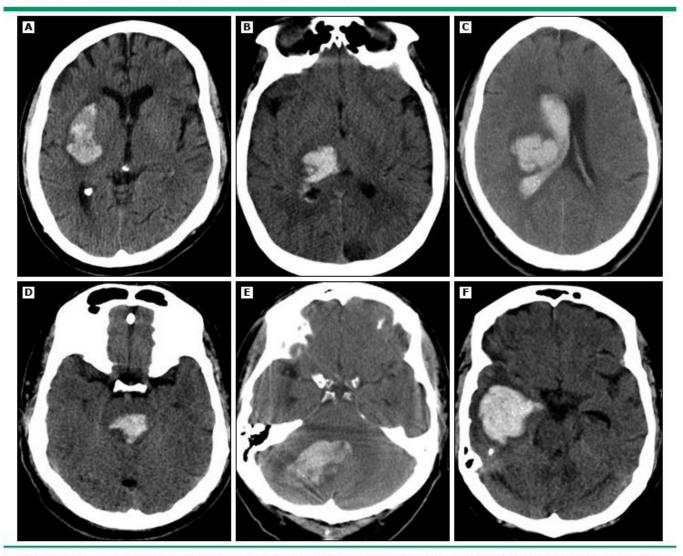


#### 顱骨以內的構造





Typical locations of intracerebral hemorrhage



Typical locations of hypertensive ICH are putamen (A), thalamus (B), subcortical white matter (C), pons (D) and cerebellum (E). Thalamic and subcortical hemorrhages often extend into ventricles (B and C). Cerebral amyloid angiopathy, drug abuse, or vascular anomaly often causes lobar hemorrhage (F).

ICH: intracerebral hemorrhage.

#### Spontaneous ICH

- median 1-mo case fatality rate: 40%
- functional independence: 12~39%



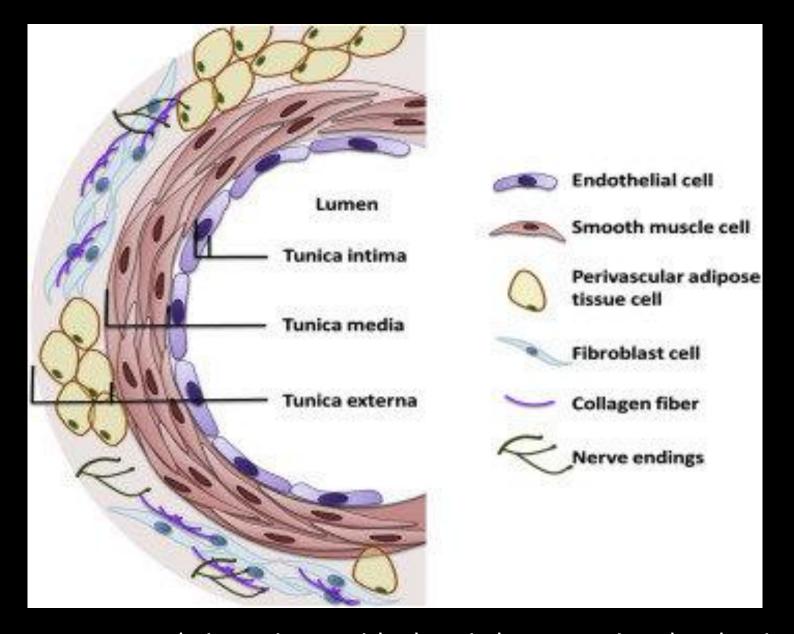
## **ETIOLOGIES**

# Hypertensive vasculopathy

- hypertensive occlusive disease
- diabetic vasculopathy

#### penetrator arteries

- pons and midbrain (basilar artery)
- thalamus (thalamostriate a. from P1 & P2)
- putamen and caudate (lenticulostriate a from M1)
- Exception: cerebellar hemorrhage
  - •lacunar infarctions uncommon in deep cerebellar nuclei



The penetrator vessels in patients with chronic hypertension develop intimal hyperplasia with hyalinosis in the vessel wall; this predisposes to focal necrosis, causing breaks in the wall of the vessel.

# Cerebral amyloid angiopathy

- asymptomatic
- important cause of primary lobar ICH
- older patients
- congophilic material
  - small- to medium-sized blood vessels

#### Other causes

- Arteriovenous malformation
- Dural arteriovenous fistula
- Hemorrhagic infarction (cerebral venous thrombosis)
- Septic embolism, mycotic aneurysm
- Brain tumor
- Bleeding disorders, liver disease, thrombolytic therapy
- CNS infection
- Moyamoya disease
- Vasculitis
- Cerebral hyperperfusion syndrome
- Reversible cerebral vasoconstriction syndromes (RCVS)
- Drugs (cocaine, amphetamines)

# **PATHOGENESIS**

#### Cerebral microbleeds

- microscopic pseudoaneurysm formation
  - subclinical leaks of blood

hyalinosis or amyloid deposition

- more prevalent:
  - advanced age and male sex

#### Cerebral microbleeds

- associated with:
  - hypertension (OR 3.9)
  - diabetes mellitus (OR 2.2)
  - cigarette smoking

- COPD:
  - risk factor for prevalent and incidental microbleeds (OR 3.3 and 7.1, respectively)
    - Rotterdam study.

## Mechanisms of brain injury

- primary direct mechanical injury
  - expanding clot & cytotoxic perilesional edema
    - √mass effect & IICP
    - ✓ reduced cerebral perfusion & ischemic injury
    - √ cerebral herniation

## Mechanisms of brain injury

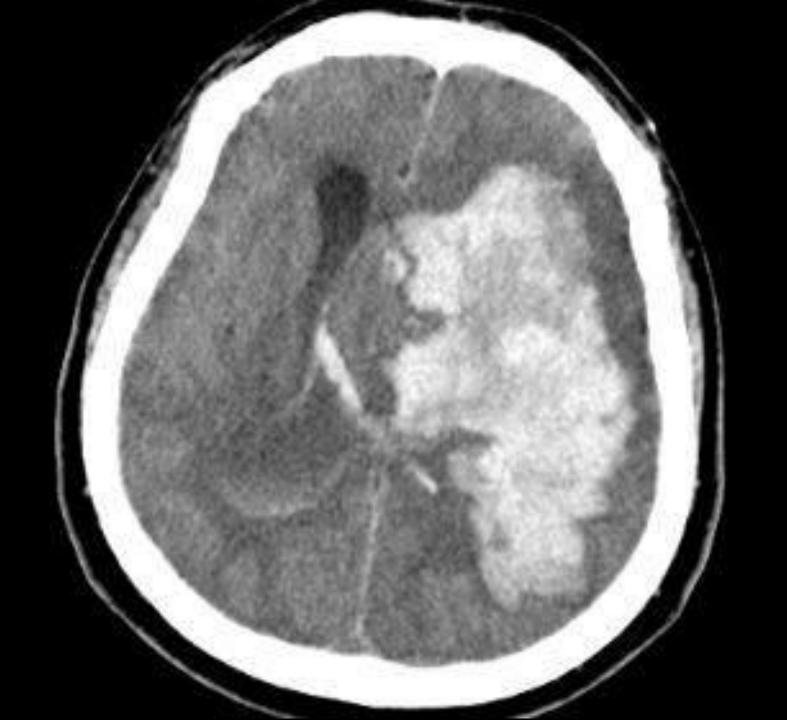
- perihematomal edema
  - ♦> 1/2 pts in imags
  - maximum volume 7 to 12 days after onset
- concomitant acute ischemic lesions
  - **◆**DWI
  - ◆not contiguous to ICH

# Hemorrhage enlargement

#### Serial CT:

- first three hours after onset
  - ✓ In a prospective series of 103 patients with ICH, significant hemorrhage growth (>33% volume increase) occurred in 38 % of patients over the first 24 hours

- into intraventricular space (IVH)
  - √40 to 60 %
  - ✓ associated with complications and worse outcomes



# **EPIDEMIOLOGY**

#### Nontraumatic ICH

- 9-27 % of all strokes globally
- incidence: 12 to 31 per 100,000 people
  - doubling every 10 years after age 35

 highest in Asians, intermediate in blacks, and lowest in whites

#### Global Burden

- systematic review
  - death and disability
  - incidence of ischemic stroke: twice as great
- decreasing in high-income countries
- increasing in low-/middle-income countries
  - highest incidence in Asia and Southern Sub-Saharan Africa
  - lowest incidence in North America, Western Europe, Latin America, and Oceana.

# **RISK FACTORS**

### Hypertension

- most common etiology
- most important risk factor
- more than doubles the risk of ICH

### **Antithrombotic therapy**

- Warfarin two- to fivefold
  - -INR > 3
    - risk factor for larger initial hemorrhage volume
    - as well as poorer outcomes after ICH

#### Other risk factors

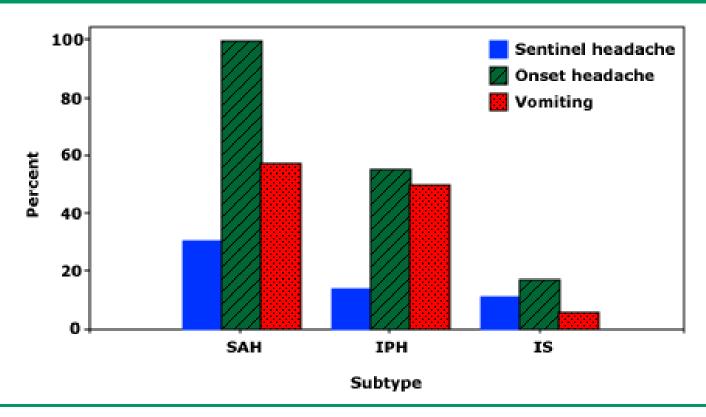
- High alcohol intake
- Black race
- Lower cholesterol and lower LDL cholesterol
- Genetic variation APOE genotype

# CLINICAL PRESENTATION

### Onset and progression

- exertion or intense emotional activity
  - routine activity
- symptoms and signs
  - increase gradually over minutes or a few hours
    - in contrast to brain embolism and SAH
      - maximal at onset
  - Headache & vomiting
    - one-half

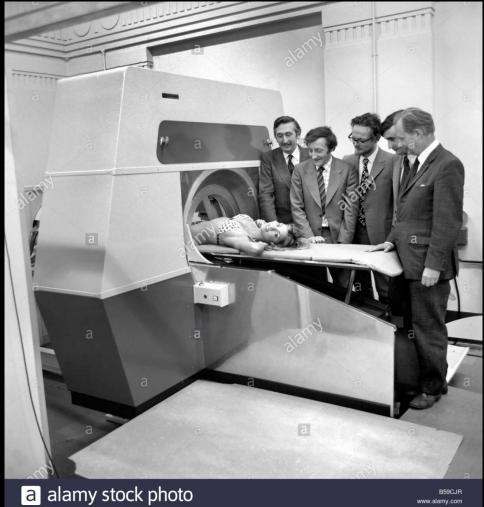
#### Headache and vomiting in stroke subtypes



The frequency of sentinel headache, onset headache, and vomiting in three subtypes of stroke: subarachnoid hemorrhage (SAH), intraparenchymal (intracerebral) hemorrhage (IPH), and ischemic stroke (IS). Onset headache was present in virtually all patients with SAH and about one-half of those with IPH; all of these symptoms were infrequent in patients with IS.

Data from: Gorelick PB, Hier DB, Caplan LR, et al, Neurology 1986; 36:1445.

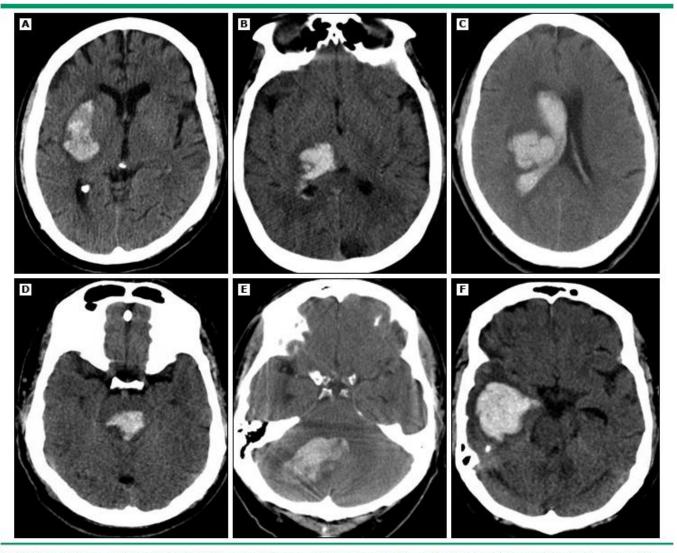
**CT for brain: 1972-73** CT for whole body: 1975







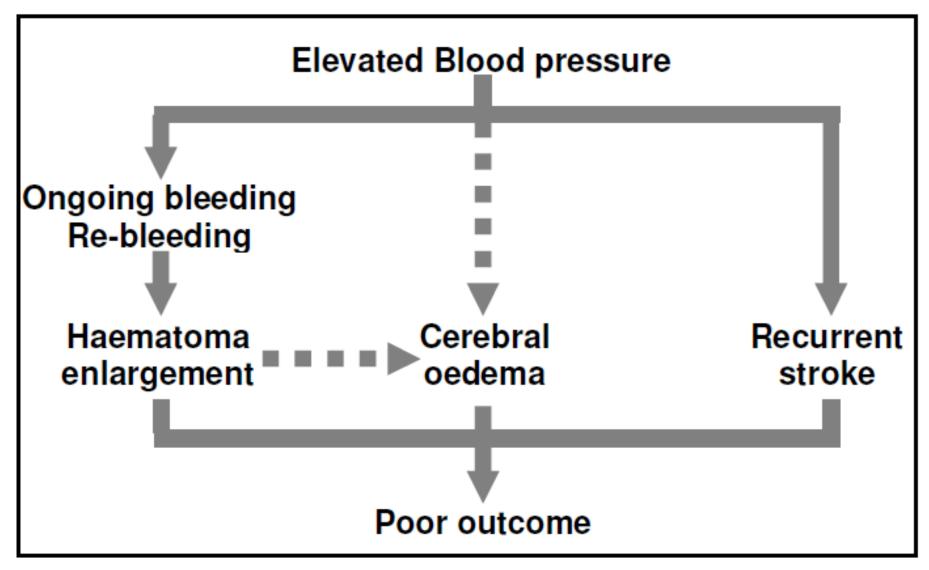
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ICH: intracerebral hemorrhage.





**Figure 1.** The mechanism by which higher blood pressure levels may lead to a poor clinical outcome in patients with intracerebral haemorrhage

# Outcomes???



# HOW LOW CAN



#### **BP: Recommendations**

- 1. For ICH patients presenting with SBP between 150 and 220 mm Hg and without contraindication to acute BP treatment, acute lowering of SBP to 140 mm Hg is safe (Class I; Level of Evidence A) and can be effective for improving functional outcome (Class IIa; Level of Evidence B). (Revised from the previous guideline)
- 2. For ICH patients presenting with SBP >220 mm Hg, it may be reasonable to consider aggressive reduction of BP with a continuous intravenous infusion and frequent BP monitoring (Class IIb; Level of Evidence C). (New recommendation)

#### **Take Home Message**

BP lowering in acute ICH is safe!

- ► Go early (get IV drug)
- ►Go intensive (target 140mmHg, but not to 120mmHg)
- ➤ Go sustained (for 7days)