How to use a Nexthaler metered dry-powder inhaler

1/Opening

Hold the Nexthaler firmly in the upright position and open the cover fully.

Film

2/Inhaling
•Breathe out gently.
•Place the mouthpiece between your teeth without biting and form a good seal around it with your lips. Do not cover the air vent when holding the NEXThaler.
•Breathe in steadily and deeply through your mouth. You may hear or feel a click when you take your dose correctly.
•Remove the NEXThaler from your mouth after inhaling and hold your breath for 5 to 10 seconds then breathe out slowly.

3/Closing
Place the cover over the mouthpiece. Check the dose counter to make sure that the digit has reduced by one.
If you need to take another dose, wait for 30-60 seconds and repeat steps 1 to 3.
Please wash your mouth with water and spit it out afterwards.

How to make sure that you are taking the medicine correctly?
You will hear a click when you take in the medicine.
You will feel that it tastes sweet in your mouth.
When the medicine is taken and the cover is shut, the digit for the dosage will decrease.