Venogram

(2nd version Aug.1, 2020)

Purposes of this study:

1. To find out if there is a blockage in the deep vein.

Procedure of this study:

- **1.** Fasting is not necessary for this study.
- 2. You will have a shot of cold PYP in the injection room. After 15 minutes, you will be informed to eliminate urine to prevent tracer in the bladder causing a misread on the image. Next, you go to the imaging room, take off your shoes and socks, and lay flat on the bed.
- **3.** Before the scan, it is suggested for you to wash your feet thoroughly in order to get the shot.
- **4.** When your feet get swollen, it becomes harder for the nurse to find your vessels to get the shot. So please cooperate with the nurse patiently.
- 5. The nurse will tie each of your feet with two tourniquets and give a shot on each back of your feet. And following is the venogram which will be taken on the lower part of the body. It will be taken one more time without the tourniquet on your feet. Then, please follow the instruction to lie on your stomach. The radiologist will do the venogram from your back also. The whole process takes about 30 minutes. While the venogram is taking, you just need to lie on the bed steady and you should not feel pain at all.
- **6.** While the venogram is taking, the machine will move from your feet toward your abdomen. Please keep your hands beside your body and do not move.

Other notices:

- **1.** If you have any possibility of pregnancy, please tell us in advance. Pregnancy is a relative contraindication to this test.
- 2. Drinking plenty of fluids after the injection helps to achieve a high quality picture.
- 3. Remove jewelry and any metal objects that might interfere with the images.
- 4. Please keep still during scanning in order to achieve a high quality picture.
- 5. Please avoid contact with babies and pregnant women the day you receive the low dose radioactive isotope injection. No obvious side effects will occur when in touch with babies and pregnant women. Please do not worry. This test is very safe. No severe side effect has been reported. Allergy could happen but very rare.

Please feel free to contact us if you have any question.

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