

# 出國報告（出國類別：開會）

Meeting of 39<sup>th</sup> Congress of the Société Internationale d'Urologie (SIU), Athens, Greece,  
October 17-20, 2019

服務機關：台中榮民總醫院

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派赴國家/地區：希臘雅典

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## 摘要（含關鍵字）

內容提要：

第 39 屆國際泌尿學會年會 ( SIU ) 大會於 2019 年 10 月 17 日至 20 日在希臘首都雅典雅典娜洲際酒店舉行。雅典，希波克拉底~現代醫學之父~之地，這是一個非常合適的場所，學習最新泌尿醫學知識，從泌尿腫瘤學至小兒科，到重建手術。此次年會學術委員會，由 Dr. Kumar 和 Evans 制定了出色的年會學術研討主題，以確保涵蓋我們每天在實踐中看到的常見泌尿科病例，最新研究發現和黃金準則。 SIU 2019 為與會者提供了廣泛的教育活動和形式。這次會議給我帶來了豐富的知識和有益的信息，包括適用於我的日常醫療照顧技巧和竅門，對泌尿外科創新的最新進展有了更深入的了解，並對這座歷史名城雅典有了美好的回憶。今年的 SIU 對我來說是一次寶貴的會議。我很榮幸有機會聽到許多啟發性的科學演講，提出問題，從他們的經驗中學習。我也有機會與泌尿外科領域國際主要意見領袖進行了互動，並在這種友好的氛圍中帶回了真正有用的教育知識。

The Meeting of 39<sup>th</sup> Congress of the Société Internationale d'Urologie (SIU) was held at the Athenaem InterContinental, Athens, Greek capital on the October 17-20, 2019, the land of Hippocrates, Father of Modern Medicine. It is a very appropriate venue in which to learn the latest updates in urology, from uro-oncology to pediatrics, to reconstructive surgery. The Scientific Programme Committee, led by Drs. Kumar and Evans, prepared an outstanding scientific programme ensuring coverage of the latest discoveries and gold-standard management of common urological cases we see in our practices every day. SIU 2019 offers a wide array of educational activities and formats for attendees. I got fruitful knowledge and informative message from this meeting with tips and tricks applicable to my daily practice, a greater understanding of recent advances in urological innovations, and good memories of this historic city, Athens. This year SIU is a valuable meeting for me.

關鍵字：第 39 屆國際泌尿學會年, SIU 2019 meeting, Urology

# 內文

## 一、 目的

第 39 屆國際泌尿學會年會（SIU）大會，擔任座長，負責教育課程並演講，海報發表

## 二、 過程

第 39 屆國際泌尿學會年會（SIU）大會於 2019 年 10 月 17 日至 20 日在希臘首都雅典，雅典娜洲際酒店舉行。雅典，希波克拉底—現代醫學之父—之地，是一個擁有獨特的歷史建築和神秘文化的城市。它也是一個被認為知識、研究和創新醫療科學的城市。在這次國際泌尿學會年會會議上，我與泌尿學領域家進行了互動，並在這種友好的氛圍中獲得了重要的研究啟發。這次會議的安排，提供了很好的泌尿科醫師交流的機會。除此之外，在會議進行期間，我與會者一同參與大會安排的各種文化導覽，沈浸在知識與文化的饗宴。

Thursday, October 17, 2019

Unmoderated Posters

Impact of socioeconomic disparity and pre-existing comorbidity on outcome following kidney transplantation in end-stage renal disease patient with chronic hepatitis B infection: retrospective analysis of health care claims data

Friday, October 18, 2019

Moderators: co-chaired with Professor Peter Carroll and Christos Kalaitzis

Moderated Video Session 03: Reconstruction and Prostate Cancer

Saturday, October 19, 2019

Instruction course 08: Treatment beyond robot-assisted PCa: Chart possible paths toward a sustainable future (HIFU, Cryo, etc.)

Program director: Kevin Lu M.D.

Opening remarks

Energy-based therapy for localized prostate cancer: evolution or revolution? Shu-Chi Wang M.D.

Post-treatment surveillance: beyond PSA, how far can we reach? Kevin Lu M.D.

Align your practice into rapidly evolving standard of care through disease continuum: matching treatment to patients in an ever-changing treatment landscape for advanced prostate cancer Cheng-Che Chen M.D.

## Panel Discussion

### Wrap-up

#### Learning objectives:

The treatment landscape of prostate Cancer, the most common non-skin malignancy in male, is evolving at a fast pace that specialists encounter clinical dilemmas and challenges which prompt us not only re-assess current treatment policy but also to anticipate new therapeutic options that may enable the delivery of optimal care.

After completing this activity, participants will be better prepared to:

1. Discuss and evaluate the current available clinical evidence for the high-intensity focused ultrasound (HIFU), cryotherapy and other emerging therapeutic modalities for prostate cancer
2. Appraise current surveillance strategies after definitive treatment for prostate cancer, and discuss the complexities of various imaging and molecular testing modalities in clinical setting and their effects on therapeutic decisions, including opportunities and challenges with biopsy, rebiopsy, and liquid biopsy techniques
3. Effectively determine individualized treatment plans for patients with prostate cancer using the latest agents in appropriate sequences or combinations in accordance with up-to-date evidence and expert recommendations throughout the disease continuum
4. Refer appropriate patients with prostate cancer to ongoing clinical trials of assessing novel therapies alone and in combination throughout the disease continuum to aid in trial enrollment

## 三、心得

迅速變化的科技及知識，對現今醫學領域的研究，產生了很多的衝擊，也衍生了許多的臨床議題和挑戰。我的臨床工作和研究興趣主要集中在泌尿腫瘤學和腎臟移植。怎麼樣提供明確的治療方法，減輕患者的煩惱是非常重要的和挑戰臨床問題。今年，SIU 年會提供了許多精準醫學的探討及對臨床應用的問題解決策略，尤其是人工智慧的運用探討及大數據對於泌尿系統疾病的醫療改善。對於我未來泌尿腫瘤的治療及研究，激起我更多的研究動能和治療考量。

年會發表收錄於 World Journal of Urology, 2019 ( SCI, IF: 2.761) :

Kevin Lu, Kun-Yuan Chiu, Chen-Li Cheng, Shian-Shiang Wang, Jian-Ri Li, Chuan-Su Chen, Cheng-Kuang Yang, Cheng-Che Chen, Shu-Chi Wang, Chia-Yen Lin, Sheng-Chun Hung, Wei-Szu Lin, Ching-Heng Lin. Impact of socioeconomic disparity and pre-existing comorbidity on outcome following kidney transplantation in end-stage renal disease patient with chronic hepatitis B infection: retrospective analysis of health care claims data. World J Urol. 2019 Oct;37(Suppl 1):290-291.

## 四、建議（包括改進作法）

1. 提供機會並鼓勵年輕一代的醫生參與國際會議，並展示我們的研究及臨床治療成果。歐美參

與會議所費不貲，希望院方能多予補助，以鼓勵醫師出國，提升院方國際知名度。

2. 深耕並儘早運用人工智慧及其他新科技，進行整合性智能醫療改善及預測研究。

## 五、附錄

Photo: SIU congress- Instruction course



